

Testing for Low Bone Mass Helps Prevent Fractures.

People with thalassemia have a greater risk of bone fracture due to low bone mass. Early identification of reduced bone mass may lead to strategies that can reduce the risk of fracture.



People with thalassemia should have a bone mass test (sometimes called a bone mineral density test) by age 10 and should repeat it annually or as needed. This applies to thalassemia patients whether they are transfused or non-transfused.

Early testing can help keep bones healthier and stronger. Talk with your doctor to learn more.

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